



NEWSLETTER #1

April 2024

About Outdoor for Inclusion (Out4in)

The project "Outdoor 4 Inclusion" is an Erasmus+ project that aims to promote diversity and inclusion through outdoor activities, especially hiking and nature experiences. The main objective is to create an inclusive space for migrant women to explore the benefits of outdoor activities, connect with nature and experience cultural exchange.

Kick off Helsinki

On 28th and 29th November 2023, the project partners kicked-off the Out4In project in Helsinki. The meeting agenda ranged from deciding on the project logo to discussing relevant stakeholders and defining our future collaboration and next steps. A set of skills was also identified for the development of the first project result, the Out4In Toolkit aimed at developing educators' skills in empowerment, refugees and migrant women' integration and outdoor education.

Survey and Learning Modules

Prior to our meeting in Helsinki, there was already a survey conducted to assess the interests and knowledge gaps of our future hiking guides in order to prepare them adequately for the upcoming hikes. As a result, Viajealasostenibilidad identified 8 modules, which we will discuss and present together at our upcoming meeting in June in Zaragoza.



Social media

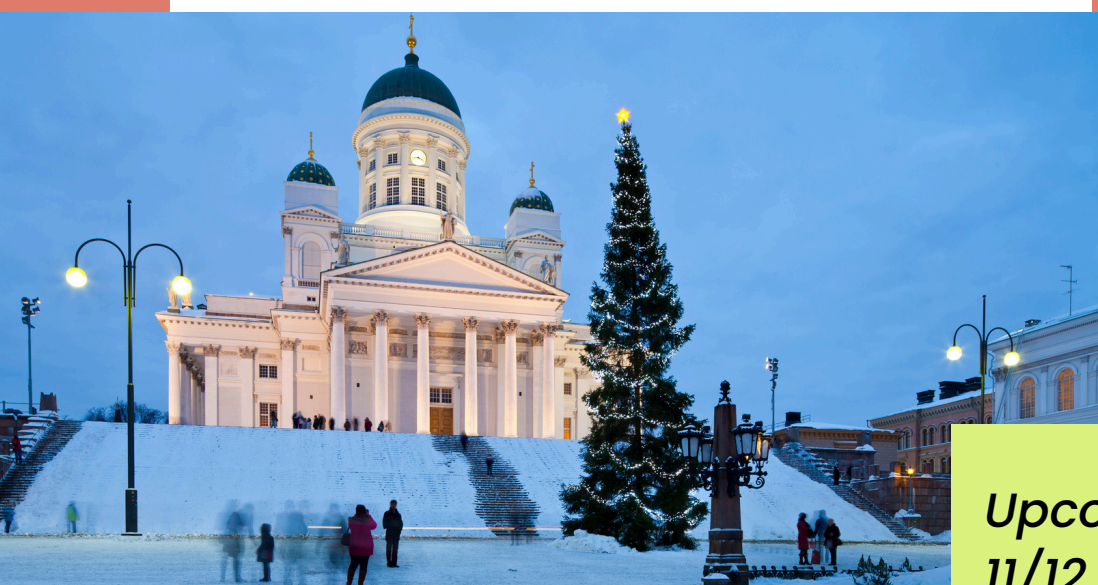
We are now also present on social media! In addition to our website, which you can access at out4in.eu, we now have an official Instagram account where you can see various international posts. Furthermore, you can find all our important outputs on the respective LinkedIn and websites of all our partners. Follow us!



out4in.eu



[out4in](https://www.instagram.com/out4in)



Upcoming Event:
11/12 June 24: Training of Trainers in Zaragoza.